15 best ways to practice competitive kindness

com•pet•it•ive kind•ness [*kuh* m-**pet**-i-tiv **kahynd**-nis] n **1**. A way to channel the universal human drive to compete into actions that benefit the causes an individual cares about. **2**. The healthiest form of competition, which is the drive to inspire and do good.

1. Yes! You find the best parking spot. Then, of your own free will, you give it up to someone else.

2. Have a green thumb? Don't settle for having the most gorgeous yard on your street. Do it without using pesticides.

3. Like to gamble? Buy your raffle or lottery tickets from an organization that makes the world a better place. Then, if you win, donate part of your proceeds back to support their work.

4. Give your kids a little motivation for those great marks—tell them you'll donate to their favourite charity if they get an 'A.'

5. Born to run? Register for charity races. Or, if your fave race isn't charity-based, ask friends and family to sponsor your run anyway and donate the money to a cause you care about.

6. Score the best seats at the hottest concert of the summer. Then donate them to a silent auction fundraiser.

7. Give the most compliments at work today.

8. Find the best bargain ever. Then give the money you saved to someone who really needs it.

9. Yours is the most requested recipe at the dinner party. And guess what? You made it from all local ingredients!

10. Yes, you drive the nicest car. And it's a hybrid.

11. Donate the most cans of food to the office food drive.

12. You've got the best butt of all your friends. Why not invite them to come with you to the gym (and pay for their class)?

13. Throw a birthday party they'll be talking about for months—and donate all your gifts to your favourite charity.

14. Get that hard-earned raise. And donate one per cent to a cause you care about.

15. Join a xocial (soh-shuhl) campaign to earn points by being a do-gooder. Check out xocial.com to get started!

xocial™

xocial (soh-shuhl) is an online community that connects people and organizations to causes they care about, then inspires them to take action.